

2024

GENESEE COUNTY MIPHY

GCPC
GENESEE COUNTY
PREVENTION COALITION

KEY FINDINGS REPORT

**MOST
YOUTH**

This report summarizes noteworthy findings regarding middle and high school student drug and alcohol use, risks associated with use, drug and alcohol perceptions, and items surrounding mental health from the most recent Michigan Profile for Healthy Youth (MIPHY) survey.

- Make the choice not to use drugs and alcohol.
- Are aware of parents' disapproval of teen drug and alcohol use.
- Do not approve of friends' drug and alcohol use.
- Value their school, teachers, and parents.
- Make healthy choices.

MOST

Middle and High School Students are **NOT** Using Drugs & Alcohol

In the past 30 days,

- 95.1% of middle schoolers and 91.8% of high schoolers did NOT use alcohol.
- 98.0% of middle schoolers and 94.7% of high schoolers did NOT have 5 or more drinks of alcohol within a couple of hours.
- 96.4% of middle schoolers and 87.5% of high schoolers did NOT use marijuana.
- 98.8% of middle schoolers and 99.1% of high schoolers did NOT use cigarettes.
- 95.8% of middle schoolers and 95.4% of high schoolers did NOT misuse prescription drugs.
- 94.8% of middle schoolers and 89.3% of high schoolers did NOT use vaping products.

High School Students

Alcohol

More than 9 out of 10 Genesee County high school students did **not** drink alcohol in the past 30 days.



Binge Drinking

Nearly 9.5 out of 10 Genesee County high school students did **not** have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



Marijuana

More than 8.5 out of 10 Genesee County high school students did **not** smoke marijuana in the past 30 days.



Cigarettes

Nearly 10 out of 10 Genesee County high school students did **not** smoke cigarettes in the past 30 days.



Prescription Drugs

More than 9.5 out of 10 Genesee County high school students did **not** misuse prescription drugs in the past 30 days.



Vaping

Nearly 9 out of 10 Genesee County high school students did **not** use Vaping Products in the past 30 days.

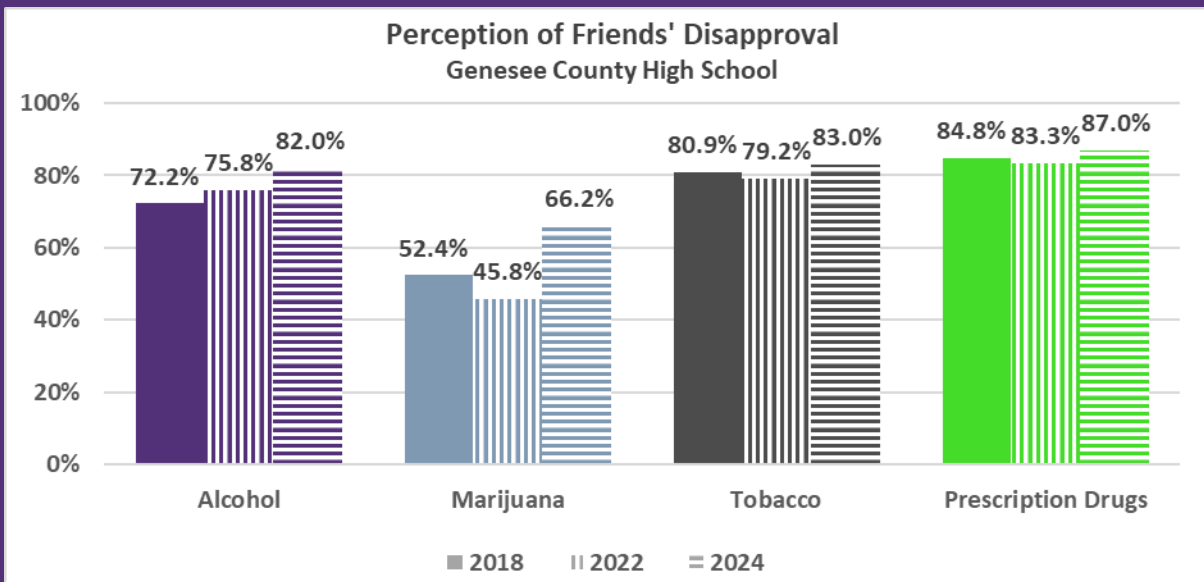
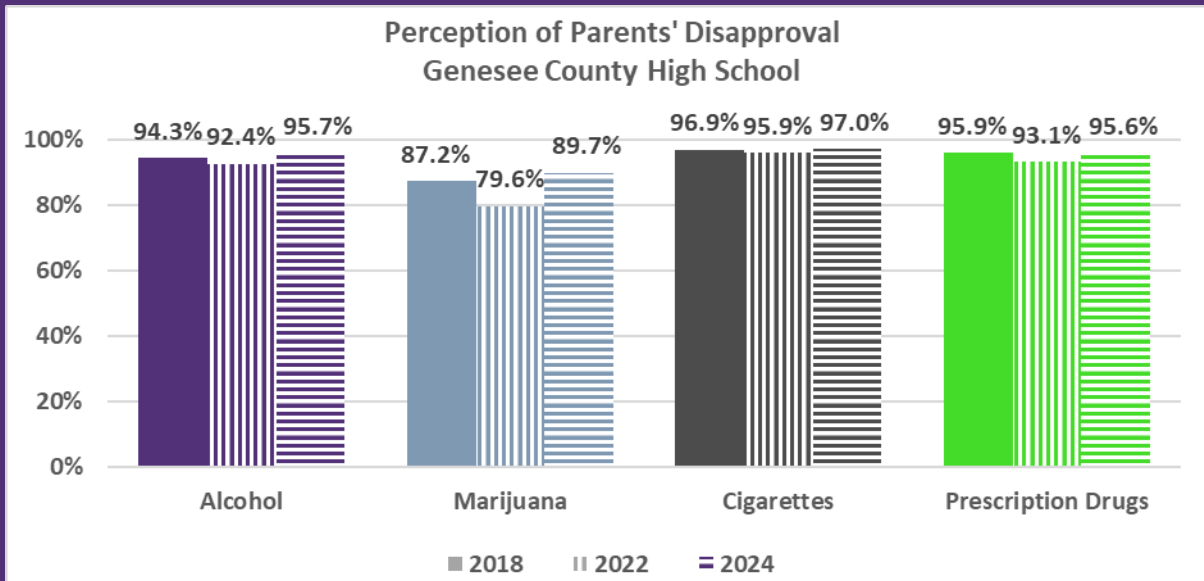


Survey Background

Data was obtained from the 2017-2018, 2021-2022 and 2023-2024 Genesee County MiPHY Report, a student survey assessing substance use, violence, physical activity, sexual behavior and emotional health. For 2018, the results represent 885 7th grade middle school students and 2,751 9th and 11th grade high school students. For 2022, the results represent 375 7th grade middle school students and 898 9th and 11th grade high school students. For 2024, the results represent 344 7th grade middle school students and 1492 9th and 11th grade high school students.

Youth Perceptions

Genesee County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.



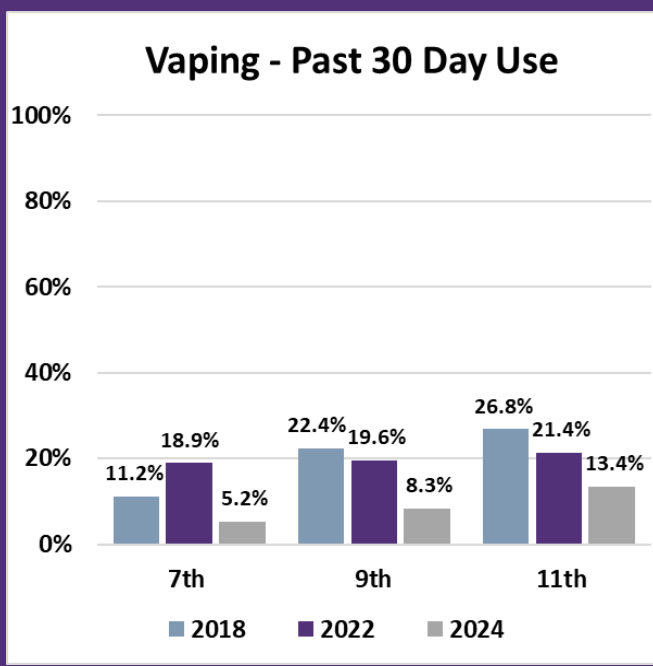
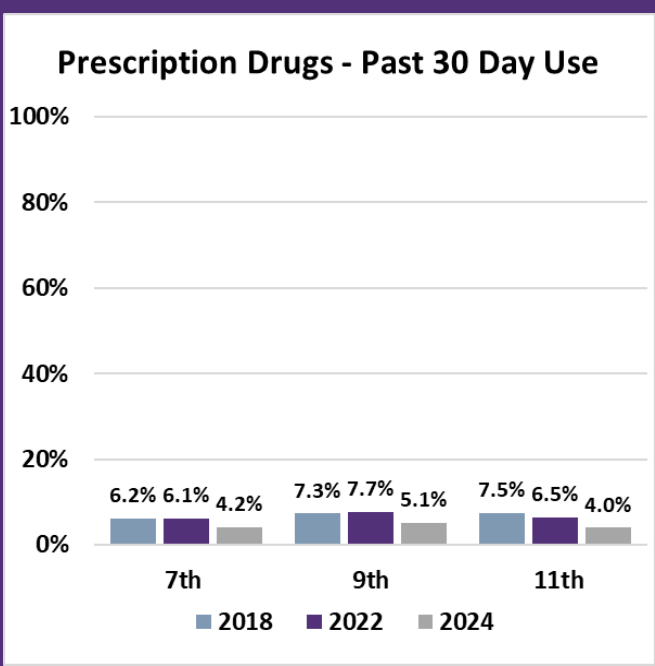
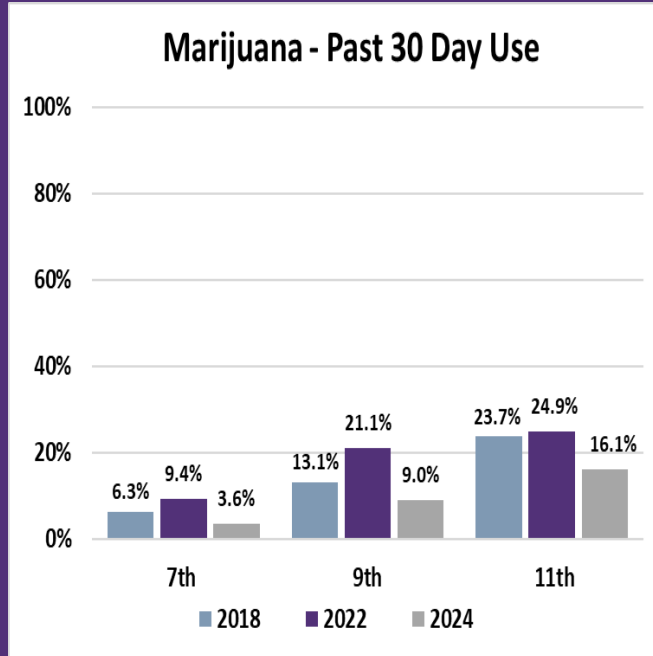
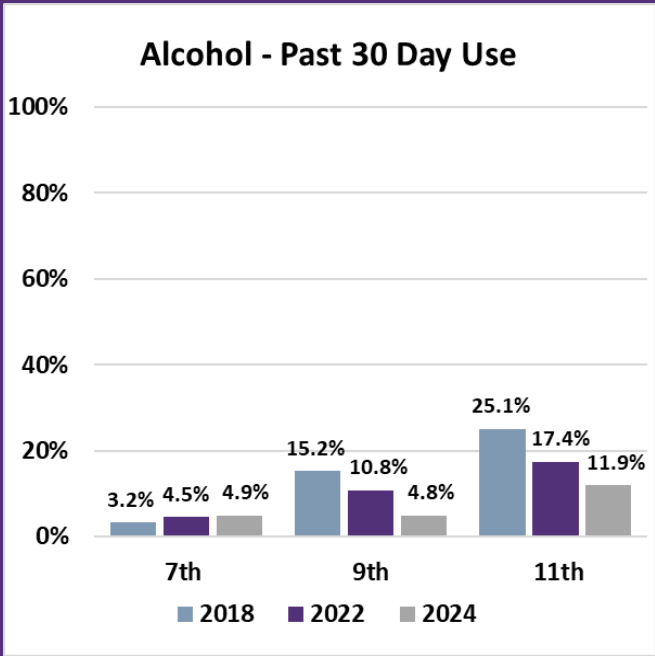
In 2024
MOST
YOUTH

- Think parents disapprove of drug & alcohol use.
- Think friends disapprove of drug & alcohol use.

2024 Genesee County high school youth perceptions of parents' and friends' disapproval are higher than 2022 perceptions.

Past 30 Day Use

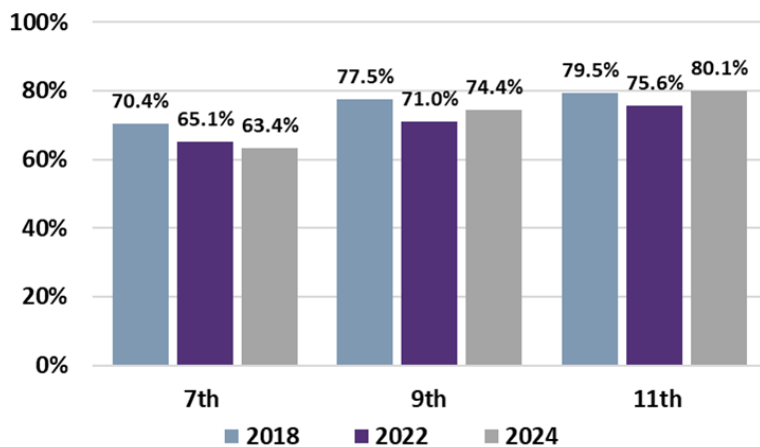
The graphs below depict 2024 past 30 day use of alcohol, marijuana, prescription drugs, and electronic vaping products for 7th, 9th and 11th grade Genesee County students compared to 2018 and 2022 data.



Parent - Youth Communication

Genesee County youth were asked if their parents or other adults in their family ever talked with them about what they expect them to do or not to do when it comes to alcohol or other drug use.

Percentage of students who reported their parents or other adult talked with them about about alcohol or other drug use



Since 2018 there has been a decline in the amount of 7th grade students that stated their parents have talked to them about alcohol or other drug use. Among 9th and 11th grade students, there was a drop from 2018 to 2022, but an increase for 2024. Over 80% of 11th grade students reported that their parents or an adult has talked to them about drugs and alcohol in 2024.

In 2024
MOST
YOUTH

Reported a parent or other adult talked with them about alcohol or other drug use.

“Talk. They Hear You.”

In 2023 the Genesee County Prevention Coalition launched the "Talk. They Hear You" public awareness campaign as a strategy to empower parents and caregivers to have open conversations with their children about the dangers of alcohol and drug use. Studies show that children with strong, open relationships with their parents are less likely to engage in risky behaviors. For more information and resources go to www.thegcpc.org/talk-they-hear-you/

Campaign Goals

The “Talk. They Hear You.” campaign aims to accomplish the following:

- Increase parents’ awareness of the prevalence and risk of underage drinking and substance use;
- Equip parents with the knowledge, skills, and confidence to prevent underage drinking and substance use; and
- Increase parents’ actions to prevent underage drinking and substance use.

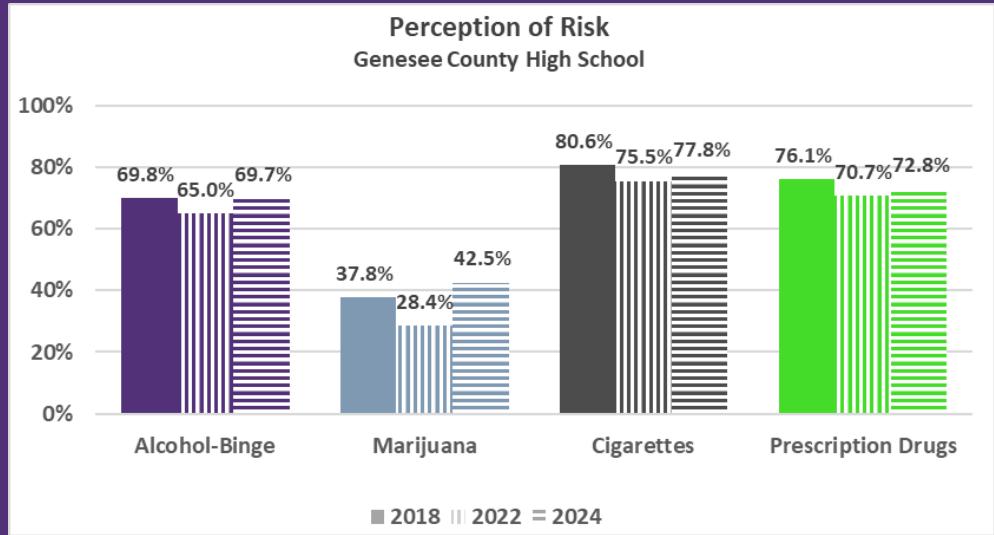


Through the Sober Truth on Underage Drinking Act, the Substance Abuse and Mental Health Services Administration (SAMHSA) created the “Talk. They Hear You.”® campaign to address the problem of underage drinking and substance misuse.

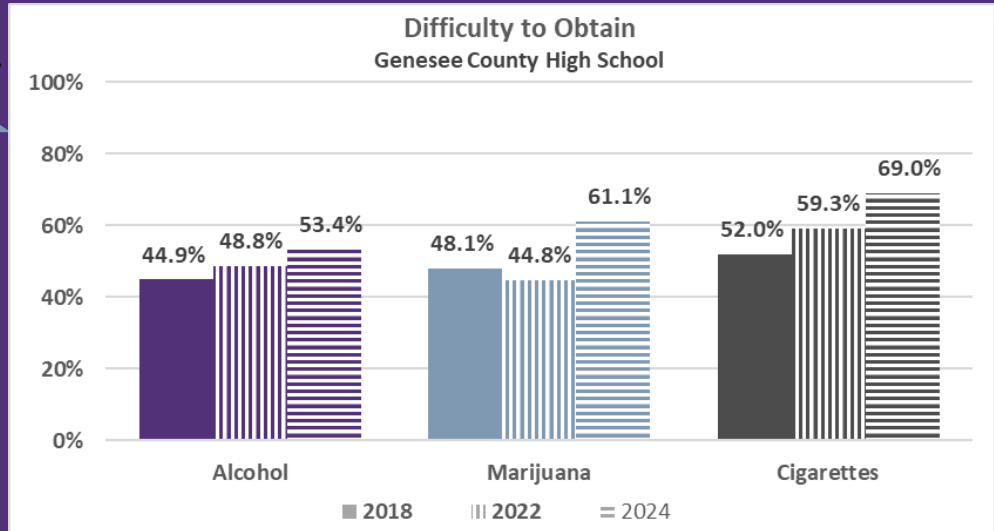
Risk of Harm and Access

Genesee County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk. Risk is categorized as moderate risk and great risk. Youth were also asked their perception of difficulty to obtain drugs and alcohol on a scale from easy, sort of easy, sort of hard, and very hard. Difficulty to obtain is categorized as very hard, sort of hard.

In 2024, Genesee County high school youth perceptions of risk are higher than 2022 perceptions for all substances.



In 2024, Genesee County high school youth think alcohol, marijuana and cigarettes are more difficult to obtain than they reported in 2022.



MOST YOUTH

think the risk associated with alcohol, cigarettes and prescription drugs are of moderate to great risk.

MOST YOUTH

think the difficulty to obtain alcohol, marijuana, and cigarettes is sort of hard and very hard.

In 2024, High School students who recently drank

Report they got alcohol by:

- ⇒ 37.3% Someone giving it to them
- ⇒ 22.7% Taking it from a family member
- ⇒ 9.1% Giving someone else money to buy it for them
- ⇒ 7.3% Buying it in a store or gas station
- ⇒ 3.6% Taking it from a store
- ⇒ 2.7% Buying it from a restaurant, bar, club
- ⇒ 0.9% Buying it at a public event (concert, sporting event, etc.)
- ⇒ 16.4% Some other way

Report they usually drank alcohol:

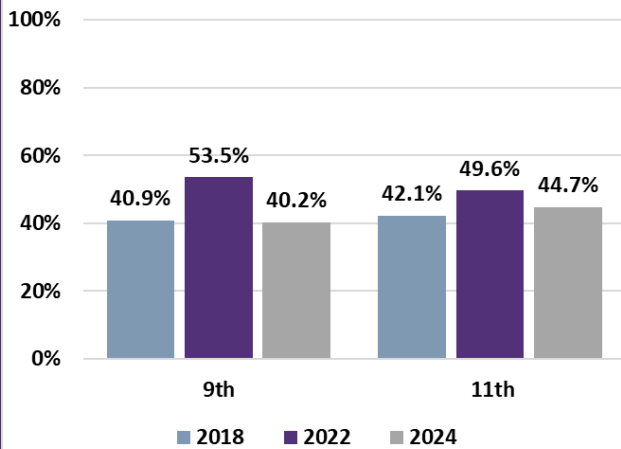
- ⇒ 51.8% At their home
- ⇒ 38.2% At another person's home
- ⇒ 3.6% On school property
- ⇒ 2.7% At a restaurant, bar, or club
- ⇒ 1.8% At a public place (park, beach, parking lot, etc.)
- ⇒ 0.9% At a public event (concert, sporting event, etc.)
- ⇒ 0.9% While riding in or driving a car

Youth Mental Health

High school students were asked about their mental health and suicide over the past 30 days.

Higher levels of depression, anxiety, other mental illnesses are strongly related to thoughts and attempts of suicide. Addressing mental health issues is essential for reducing risk of suicide amongst youth.

Percentage of students who felt so sad or hopeless almost everyday for two weeks or more

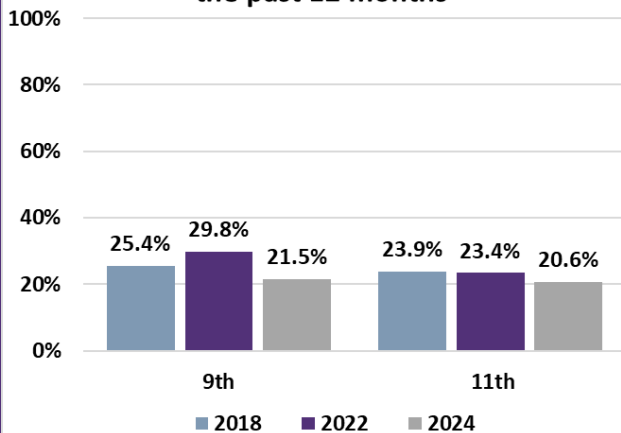


In 2024:

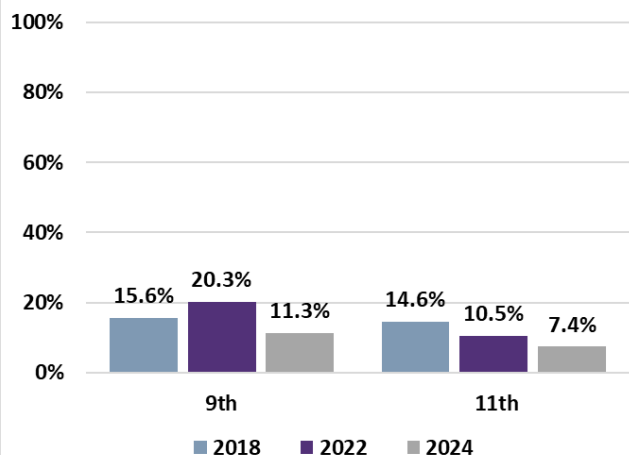
- 9th and 11th grade students reported feeling sad or hopeless at a lower rate than in 2022.
- 9th and 11th grade students reported seriously considering attempting suicide at a lower rate than in 2022.
- 9th and 11th grade students reported attempting suicide at a lower rate than in 2022.

Teachers, coaches, parents – anyone can help a young person in crisis by knowing the signs and symptoms of depression, suicidal ideation and behaviors, and who to contact for professional help. Contact the GCPC for information on Mental Health First Aid training or the National Suicide Prevention Lifeline at 988 or 1-800-273-8255.

Percentage of students who seriously considered attempting suicide during the past 12 months



Percentage of students who attempted suicide during the past 12 months



Contact Us

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