

2022

# GENESEE COUNTY MIPHY



## KEY FINDINGS REPORT

### MOST YOUTH

This report summarizes noteworthy findings regarding middle and high school student drug and alcohol use, risks associated with use, and drug and alcohol perceptions from the most recent Michigan Profile for Healthy Youth (MIPHY) survey.\* Based on the data from the Genesee County 2022 MIPHY Survey results most youth:

- Make the choice not to use drugs and alcohol.
- Are aware of parents' disapproval of teen drug and alcohol use.
- Do not approve of friends' drug and alcohol use.
- Value their school, teachers, and parents.
- Make healthy choices.

### MOST

Middle and High School Students are NOT Using Drugs & Alcohol

In the past 30 days,

- 95.5% of middle schoolers and 86.8% of high schoolers did NOT use alcohol.
- 96.9% of middle schoolers and 92.6% of high schoolers did NOT have 5 or more drinks of alcohol within a couple of hours.
- 90.6% of middle schoolers and 77.5% of high schoolers did NOT use marijuana.
- 98.0% of middle schoolers and 98.9% of high schoolers did NOT use cigarettes.
- 93.9% of middle schoolers and 92.7% of high schoolers did NOT misuse prescription drugs.
- 81.1% of middle schoolers and 79.8% of high schoolers did NOT use vaping products.

### High School Students

#### Alcohol

More than 8.5 out of 10 Genesee County high school students did not drink alcohol in the past 30 days.



#### Binge Drinking

More than 9 out of 10 Genesee County high school students did not have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



#### Marijuana

More than 7.5 out of 10 Genesee County high school students did not smoke marijuana in the past 30 days.



#### Cigarettes

More than 9.5 out of 10 Genesee County high school students did not smoke cigarettes in the past 30 days.



#### Prescription Drugs

More than 9 out of 10 Genesee County high school students did not misuse prescription drugs in the past 30 days.



#### Vaping

Nearly 8 out of 10 Genesee County high school students did not use Vaping Products in the past 30 days.

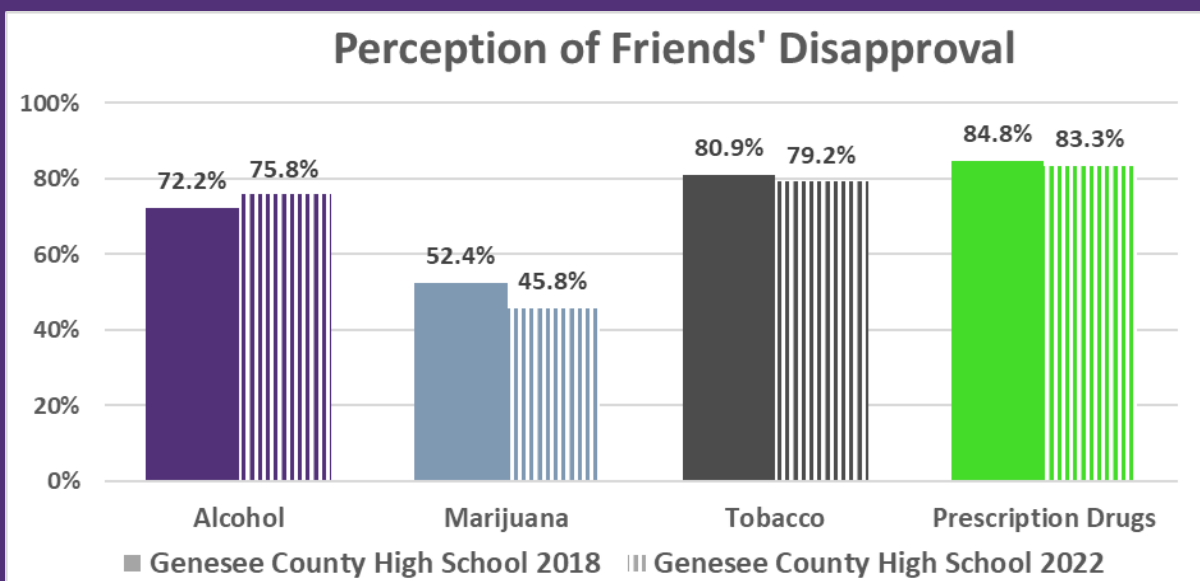
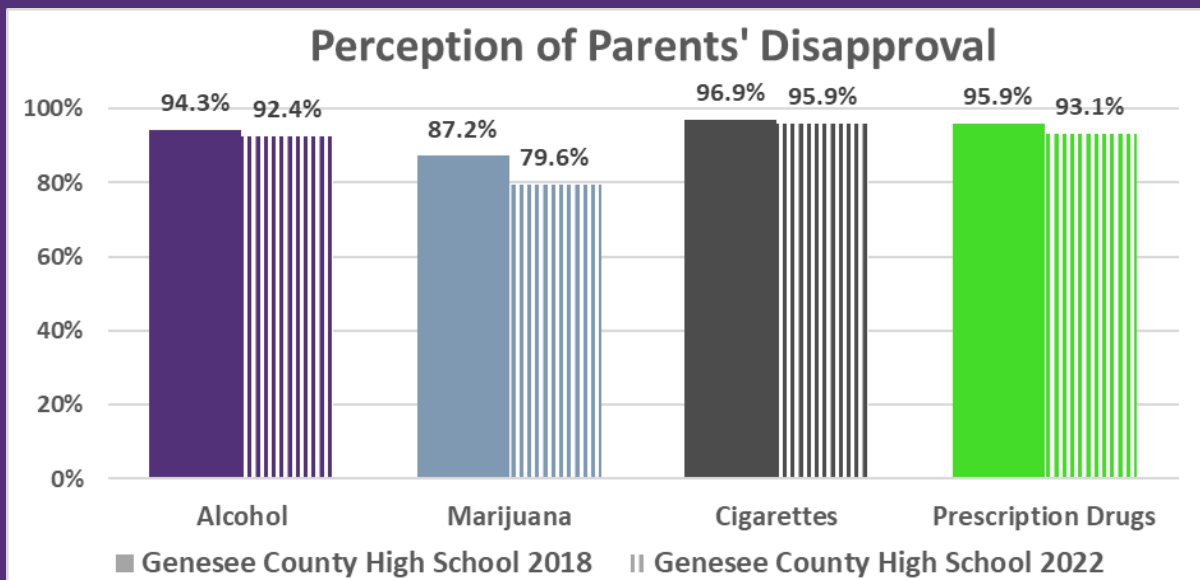


#### Survey Background

\*Data was obtained from the 2017-2018 and 2021-2022 Genesee County MiPHY Report, a student survey assessing substance use, violence, physical activity, sexual behavior and emotional health administrated by the Michigan Department of Education. For 2018, the results represent 885 7<sup>th</sup> grade middle school students and 2,751 9<sup>th</sup> and 11<sup>th</sup> grade high school students. For 2022, the results represent 375 7<sup>th</sup> grade middle school students and 898 9<sup>th</sup> and 11<sup>th</sup> grade high school students. To access the report go to <https://mdoe.state.mi.us/schoolhealthsurveys/externalreports/countyreportgeneration.aspx>

# Youth Perceptions

Genesee County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.



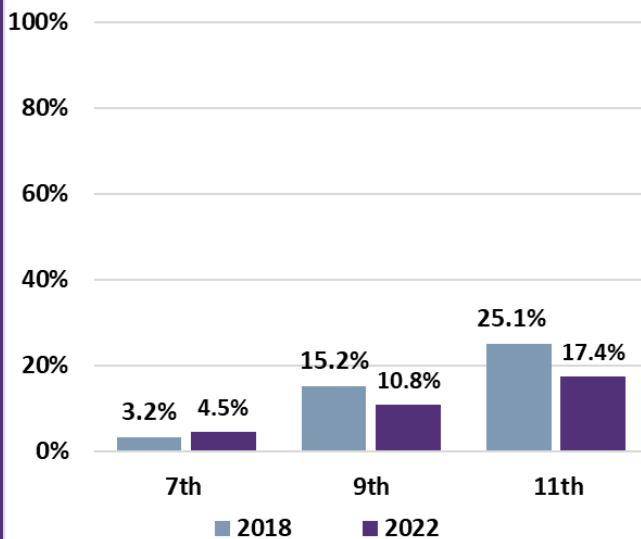
- Think parents disapprove of drug & alcohol use.
- Think friends disapprove of alcohol, tobacco and prescription drug misuse.

2022 Genesee County high school youth perceptions of parents' and friends' disapproval are lower than 2018 perceptions, with the exception of alcohol for friend disapproval.

# Past 30 Day Use

The graphs below depict 2022 past 30 day use of alcohol, prescription drugs, and electronic vaping products for 7th, 9th and 11th grade students compared to 2018 data.

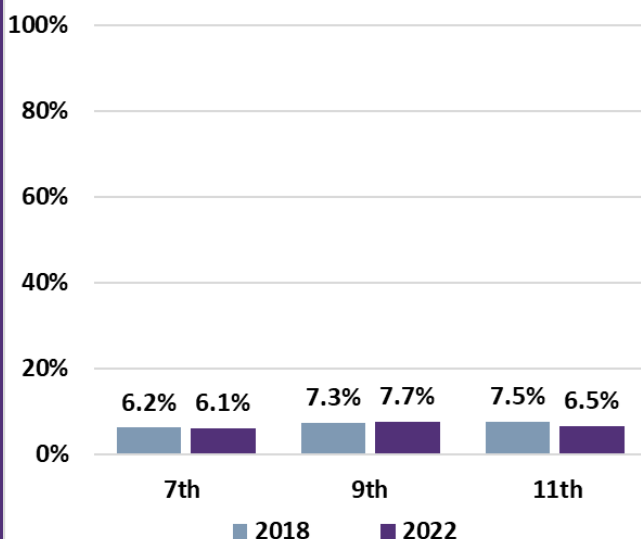
### Alcohol - Past 30 Day Use



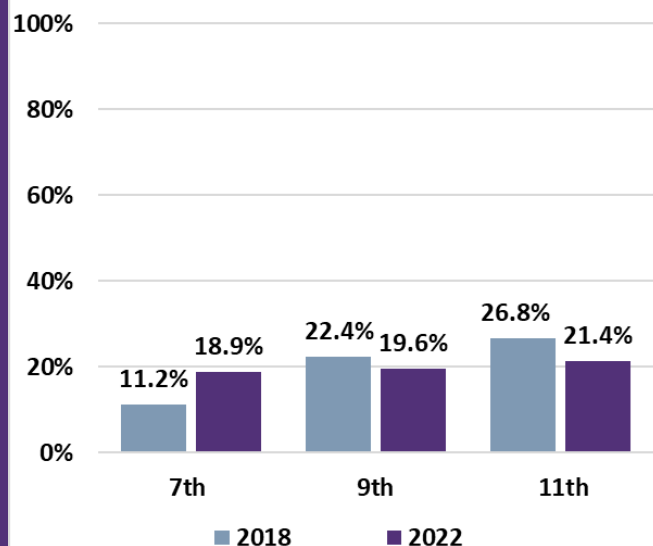
### 7th, 9th, and 11th Grade Students

- In 2022, past 30 day use of alcohol was lower for 9th and 11th grade students than in 2018, but slightly higher for 7th grade students.
- In 2022, past 30 day use of RX drugs was lower for 7th and 11th grade students than in 2018, but slightly higher for 9th grade students.
- In 2022, past 30 day use of electronic vaping products was lower for 9th and 11th grade students than in 2018, but higher for 7th grade students.

### Prescription Drugs - Past 30 Day Use

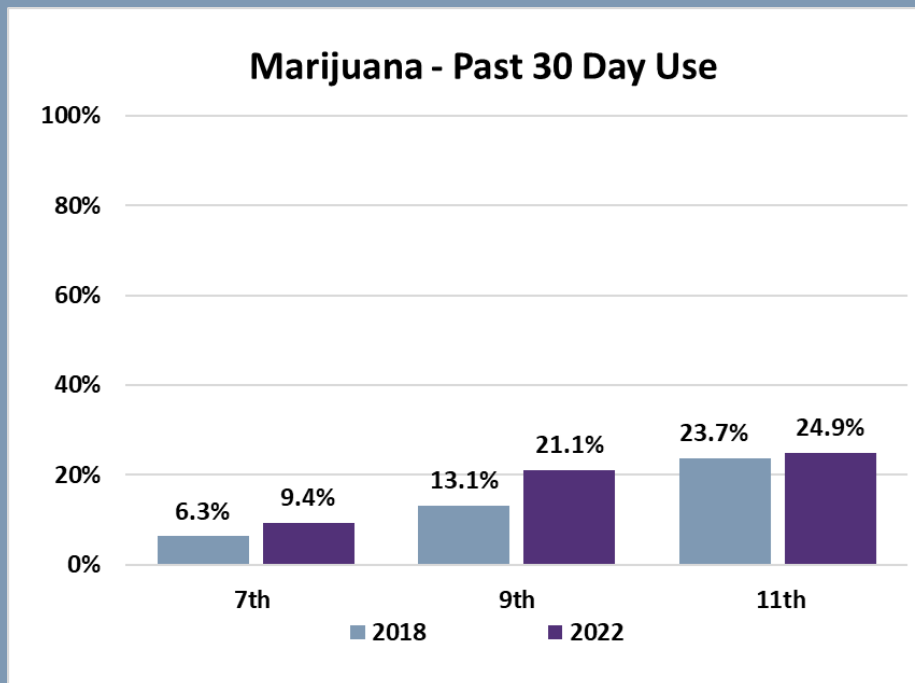


### Vaping - Past 30 Day Use



# Past 30 Day Use - Marijuana

Genesee County youth were asked if they had smoked marijuana in the past 30 days.



Genesee youth past 30-day use of marijuana is increasing. There are a multitude of potential reasons for the increase in youth marijuana use. These include reduced youth perceptions that their parents disapprove, lower perceptions of risk with using marijuana and lower perceptions that their friends would disapprove of using marijuana.

Factors that may have reduced perceptions of risk and disapproval may be due to the State of Michigan legalizing marijuana in 2018.

## High School Students

In 2022, Genesee County has a higher percentage of 9th, and 11th grade students who smoked marijuana in the past 30 days, compared to 2018.

## 7th Grade Students

In 2022, Genesee County has a higher percentage of 7th grade students who smoked marijuana in the past 30 days, compared to 2018.

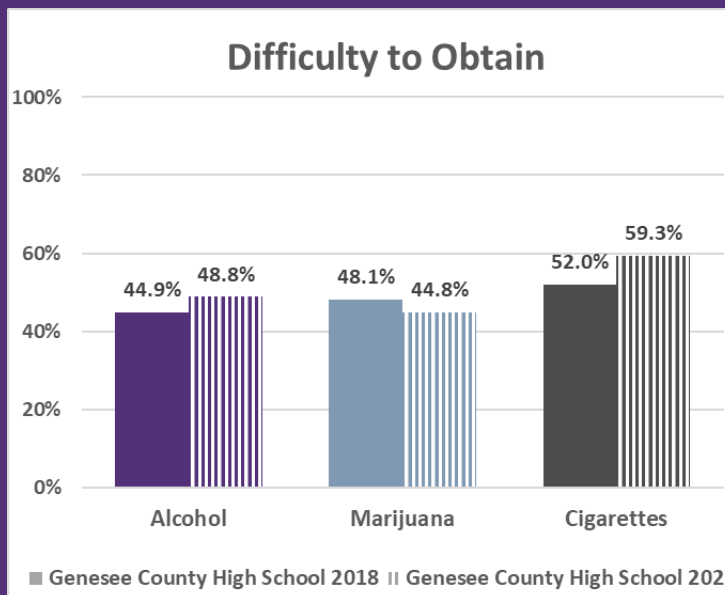
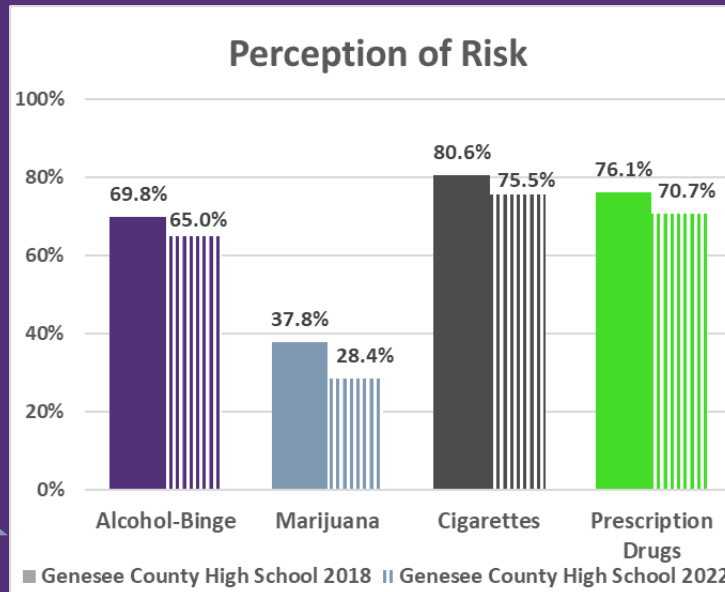
# Risk of Harm and Access

Genesee County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk. Risk is categorized as moderate risk and great risk. Youth were also asked their perception of difficulty to obtain drugs and alcohol on a scale from easy, sort of easy, difficult, to very difficult. Difficulty to obtain is categorized as difficult and very difficult.

In 2022, Genesee County high school youth perceptions of risk are lower than 2018 perceptions for all substances.

In 2022, Genesee County high school youth think alcohol and cigarettes are more difficult to obtain than they reported in 2018.

In 2022, Genesee County high school youth think marijuana is less difficult to obtain than they reported in 2018.



**MOST YOUTH**

think the risk associated with alcohol, cigarettes, and prescription drug misuse is of moderate to great risk.

**MOST YOUTH**

think the difficulty to obtain cigarettes is hard to very hard.

## In 2022, High School students who recently drank

### Report they got alcohol by:

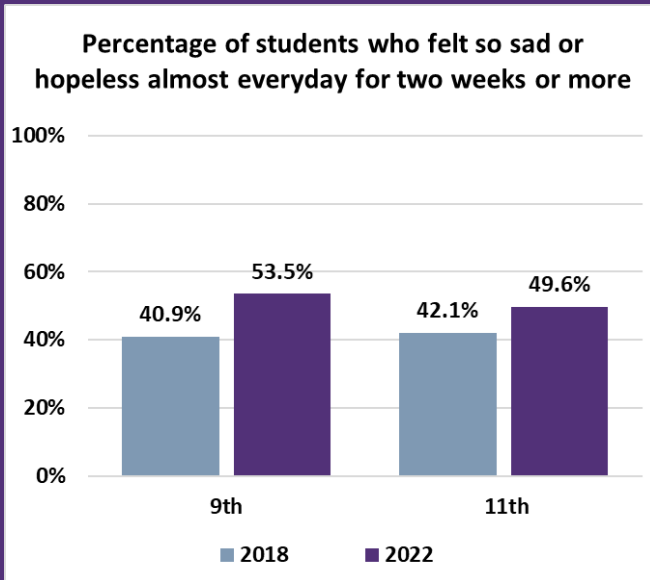
- ⇒ 38.3% Someone giving it to them
- ⇒ 19.6% Taking it from a family member
- ⇒ 12.1% Buying it in a store or gas station
- ⇒ 9.3% Giving someone else money to buy it for them
- ⇒ 0.0% Taking it from a store
- ⇒ 0.9% Buying it at a public event (concert, sporting event, etc.)
- ⇒ 0.0% Buying it from a restaurant, bar, club
- ⇒ 19.6% Some other way

### Report they usually drank alcohol:

- ⇒ 50.0% At their home
- ⇒ 41.3% At another person's home
- ⇒ 5.8% At a public place (park, beach, parking lot, etc.)
- ⇒ 2.9% At a public event (concert, sporting event, etc.)
- ⇒ 0.0% While riding in or driving a car
- ⇒ 0.0% At a restaurant, bar, or club
- ⇒ 0.0% On school property

# Youth Mental Health

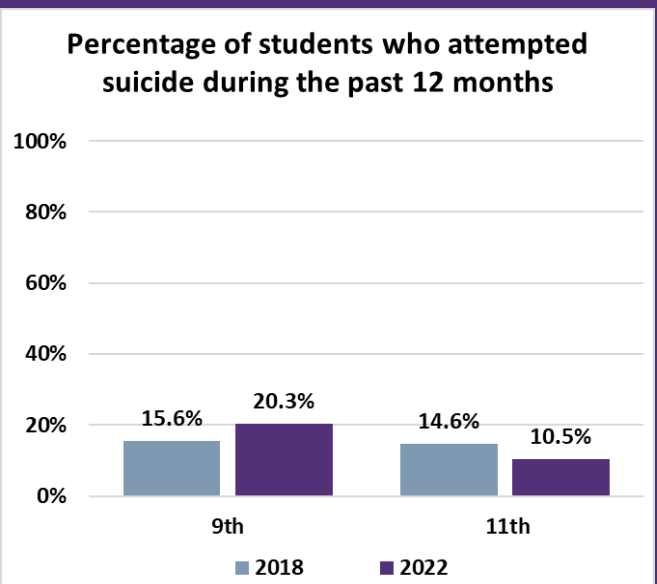
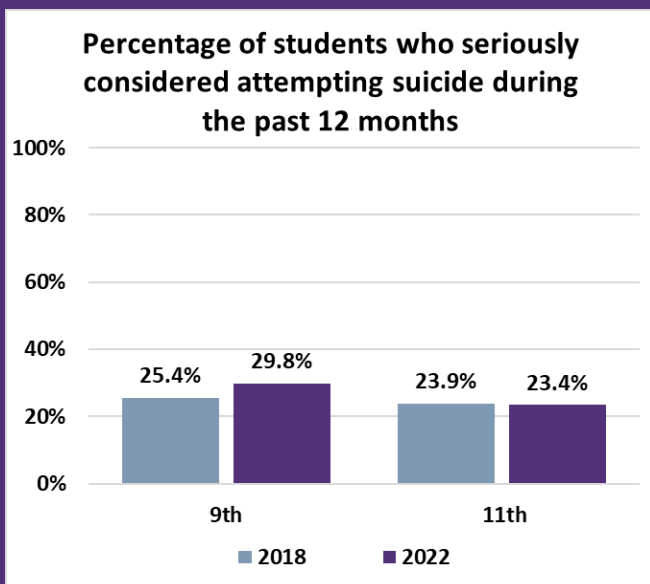
High school students were asked about their mental health and suicide over the past 30 days. Higher levels of depression, anxiety, other mental illnesses are strongly related to thoughts and attempts of suicide. Addressing mental health issues is essential for reducing substance use and risk of suicide amongst youth.



In 2022,

- 9th and 11th grade students reported feeling sad or hopeless at a higher rate than in 2018.
- 9th grade students reported seriously considering attempting suicide at a higher rate than in 2018.
- 9th grade students reported attempting suicide at a higher rate than in 2018.

Teachers, coaches, parents – anyone can help a young person in crisis by knowing the signs and symptoms of depression, suicidal ideation and behaviors, and who to contact for professional help. Contact the GCPC for information on Mental Health First Aid training or the National Suicide and Crisis Lifeline at 988 or <https://988lifeline.org/>.



## Contact Us

### Genesee County Prevention Coalition

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