Help is always available.





If you have a mental health emergency, or just need to talk, call or visit us right away.

422 W. 4th Avenue, Flint 48503 810-496-5500

Toll Free 877-346-3648 TTY 810-232-6310

WALK-IN SERVICES

7 days a week — New extended hours! Monday-Friday, 8 a.m. to 10:30 p.m. Saturday & Sunday, 10 a.m. to 6:30 p.m.

VIDEO CHAT SERVICES

Call anytime – 7 days week, 24 hours a day

CHILDREN & YOUNG ADULT MOBILE CRISIS SERVICES

7 days a week, 8 a.m. to 7 p.m.

