2018 GENESEE COUNTY MIPHY

KEY FINDINGS REPORT

This report summarizes noteworthy findings regarding middle and high school student drug and alcohol use, risks associated with use, and drug and alcohol perceptions from the most recent Michigan Profile for Healthy Youth (MIPHY) survey.

Make the choice not to use drugs and alcohol.

Are aware of parents' disapproval of teen drug and alcohol use.

Do not approve of friends' drug and alcohol use.

Understand the risks associated with drugs and alcohol.

Value their school, teachers, and parents.

MOST

Middle and High School Students are **NOT** Using Drugs & Alcohol

In the past 30 days,

- 96.8% of middle schoolers and 80.3% of high schoolers did NOT use alcohol.
- 97.9% of middle schoolers and 87.4% of high schoolers did NOT have 5 or more drinks of alcohol within a couple of hours.
- 93.7% of middle schoolers and 82.0% of high schoolers did NOT use marijuana.
- 98.6% of middle schoolers and 95.9% of high schoolers did NOT use cigarettes.
- 93.8% of middle schoolers and 92.6% of high schoolers did NOT misuse prescription drugs.
- 88.8% of middle schoolers and 75.6% of high schoolers did NOT use vaping products.

High School Students

Alcohol

More than 8 out of 10 Genesee County high school students did **not** drink alcohol in the past 30 davs.



More than 8.5 out of 10 Genesee County high school students did not have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



Marijuana

More than 8 out of 10 Genesee County high school students did not smoke marijuana in the past 30 days.



Cigarettes

More than 9.5 out of 10 Genesee County high school students did not smoke cigarettes in the past 30 davs.



Prescription Drugs

More than 9 out of 10 Genesee County high school students did not misuse prescription drugs in the past 30 days.



Vaping

More than 7.5 out of 10 Genesee County high school students did not use Vaping Products in the past 30 davs.



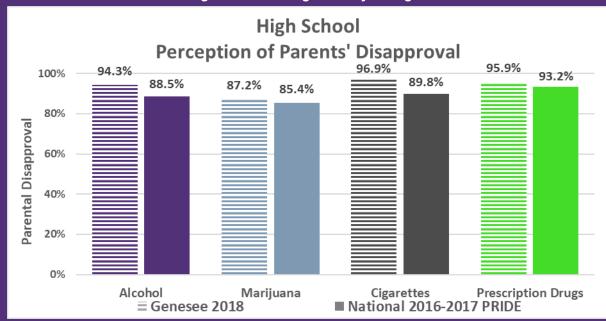
Survey Background

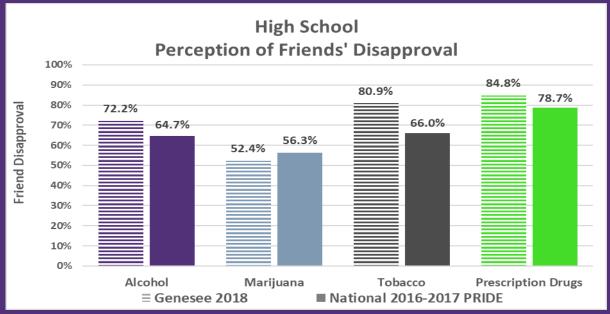
Data was obtained from the 2017-2018 Genesee County MiPHY Report, a student survey assessing substance use, violence, physical activity, sexual behavior and emotional health. The results are representative of 885 7th grade middle school students and 2,751 9th and 11th grade high school students. The 2016-2017 PRIDE national survey and the 2017 Youth Risk Behavior Survey (YRBS) are used as a national comparison and noted throughout the document.



Youth Perceptions

Genesee County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.



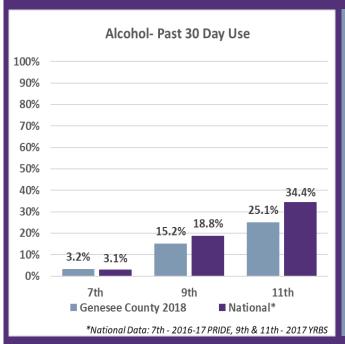


MOST YOUTH Think parents and friends disapprove of drug & alcohol use.

Genesee County high school youth perceptions of parents' and friends' disapproval are higher than national perceptions, with the exception of Marijuana for friend disapproval.

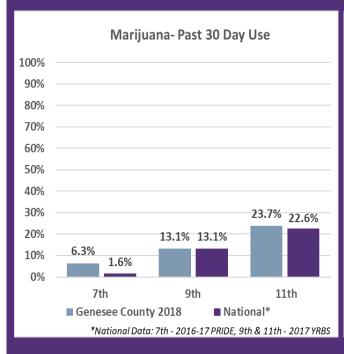
Past 30 Day Use

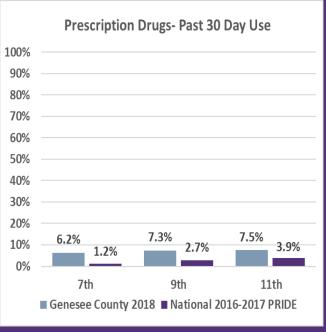
The graphs below depict past 30 day use of alcohol, marijuana and prescription drugs for 7th, 9th and 11th grade students compared to the national benchmark.



7th, 9th, and 11th Grade Students

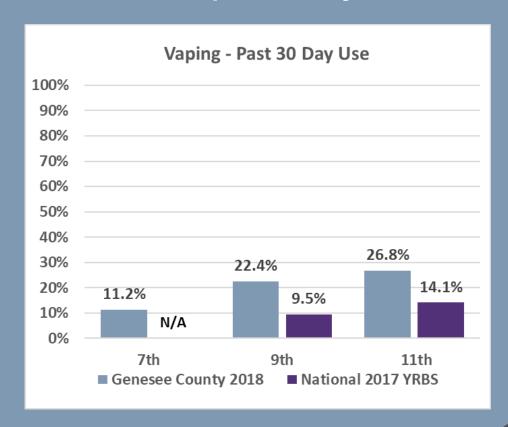
- Past 30 day use of alcohol is lower for Genesee county 9th and 11th grade students than the national comparisons, but slightly higher for 7th grade students.
- Past 30 day use of marijuana is higher for Genesee county students than the national comparisons.
- Past 30 day use of prescription drugs is higher for Genesee county students than the national comparisons.





Past 30 Day Use - Vaping

Genesee County youth were asked if they had used an electronic vaping product in the past 30 days.



High School Students

Genesee County has a higher percentage of 9th and 11th grade students who used vaping products in the past 30 days, compared to the national benchmark.

7th Grade Students

11.2% of 7th grade Genesee County students used electronic vaping products in the past 30 days. There is no national PRIDE or YRBS benchmark at this time.

Risk of Harm and Access

Genesee County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk. Risk is categorized as moderate risk and great risk. Youth were also asked their perception of difficulty to obtain drugs and alcohol on a scale from easy, sort of easy, difficult, to very difficult.

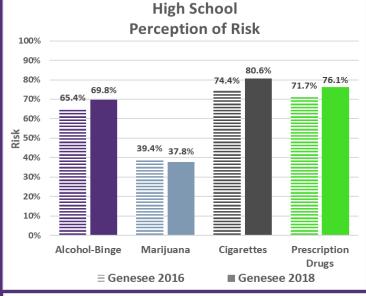
Higher perceptions of risk and difficulty to obtain often result in lower use of substances, therefore, it is ideal to have perceptions higher or comparable to previous years.

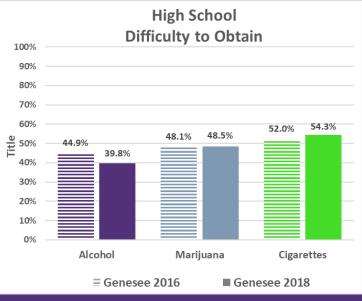
Genesee County youth perceptions of risk for 2018 are higher than 2016 perceptions of risk for alcohol, cigarettes and prescription drugs.

Genesee County youth perceptions of risk for 2018 are lower than 2016 perceptions of risk for marijuana.

Genesee County youth think access to marijuana and cigarettes is more difficult to obtain than in 2016.

Genesee County youth think access to alcohol is less difficult to obtain than in 2016.





think the risk associated with alcohol, cigarettes, and prescription drug misuse is of moderate to great risk.

MOST

think it is hard or very hard to obtain cigarettes

High School students who recently drank

Report they got alcohol by:

- 38.7% Someone giving it to them
- 19.5% Taking it from a family member
- 19.0% Giving someone else money to buy it for them
- **4.9%** Buying it in a store or gas station
- Taking it from a store
- **0.6%** Buying it at a public event (concert, sporting event, etc.)
 - 0.4% Buying it from a restaurant, bar, club
- 19.5% Some other way

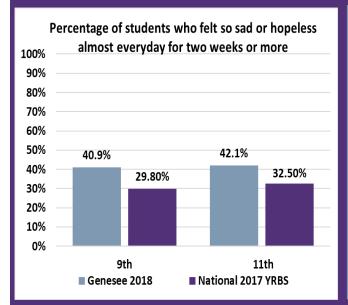
Report they usually drank alcohol:

- 50.2% At another person's home46.8% At their home1.1% At a public event (concert, sporting event, etc.)
- ⇒ 0.6% At a public place (park, beach, parking lot, etc.)
 ⇒ 0.4% While riding in or driving a car
- 0.4% At a restaurant, bar, or club
- 0.4% On school property

Youth Mental Health

High school students were asked about their mental health and suicide over the past 30 days.

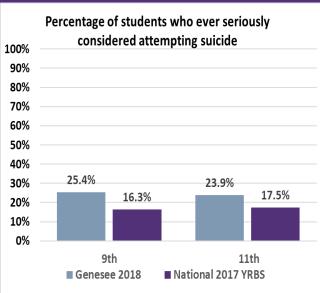
Higher levels of depression, anxiety, and other mental illnesses are strongly related to thoughts and attempts of suicide. Addressing mental heath issues is essential for reducing substance use and risk of suicide amongst youth.

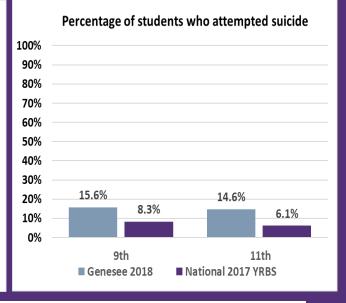


Genesee 9th and 11th grade students are higher than the national average for:

- 1. Feeling sad or hopeless,
- 2. Seriously considering or attempting suicide, and
- 3. Having ever attempted suicide.

Teachers, coaches, parents – anyone can help a young person in crisis by knowing the signs and symptoms of depression, suicidal ideation and behaviors, and who to contact for professional help. Contact the GCPC for information on Mental Health First Aid training or the National Suicide Prevention Lifeline at 1-800-273-8255.





Contact Us

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