# 2016 GENESEE COUNTY MIPHY

### **KEY FINDINGS REPORT**

This report summarizes noteworthy findings regarding high school student drug and alcohol use, risks associated with use, and drug and alcohol perceptions from the most recent Michigan Profile for Healthy Youth (MiPHY) survey.

Youth make the right decision about drugs and alcohol.

Youth are aware of parents' disapproval of teen drug and alcohol use.

Youth do not approve of friends' drug and alcohol use.

Youth understand the risks associated with drugs and alcohol.

Youth value their school, teachers, and parents.

Youth make healthy choices.

### **MOST**

**High School Students** are not using **Drugs & Alcohol** 

### In the past 30 days,

- 79% of high schoolers did NOT use alcohol
- 89% of high schoolers did NOT have 5 or more drinks of alcohol within a couple of hours
- 80% of high schoolers did NOT use marijuana
- 91% of high schoolers did **NOT** misuse prescription drugs
- 92% of high schoolers did **NOT** use cigarettes
- 97% of high schoolers did NOT use smokeless tobacco
- 93% of high schoolers did NOT smoke cigars
- 81% of high schoolers did NOT use electronic vapor products
- 87% of high schoolers did NOT use any form of tobacco

### Alcohol

Nearly, 8 out of 10 Genesee County High School students did not drink alcohol in the past 30 days.



### Binge Drinking

Nearly, 9 out of 10 Genesee County High School students did not have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



### Marijuana

8 out of 10 Genesee County High School students did not smoke marijuana in the past 30 days.



### **Cigarettes**

9.5 out of 10 Genesee County High School students did not smoke cigarettes in the past 30 days.



### **Prescription Drugs**

More than 9 out of 10 Genesee County High School students did not misuse prescription drugs in the past 30 days.



#### Survey Background

Data was obtained from the 2015-2016 Genesee County MiPHY Report, an online student survey assessing substance use, violence, physical activity, sexual behavior, and emotional health. The results are representative of 3,089 9th and 11th grade high school students in Genesee County. The 2015 Youth Risk Behavior Survey (YRBS) was used as a national benchmark. For more information on the MiPHY Survey go to www.michigan.gov/miphy.



## YOUTH PERCEPTIONS

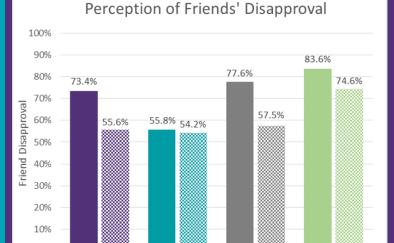
Genesee County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.

Higher perceptions of disapproval often result in lower use of substances, therefore, it is beneficial that Genesee County youth have higher disapproval than national benchmarks.

Cigarettes

## MOST

youth think friends disapprove of drug & alcohol use



Marijuana

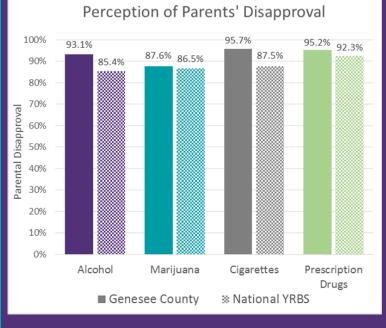
■ Genesee County

Alcohol

Genesee
County youth
perceptions
of friends'
disapproval
are higher
than national
perceptions

## **MOST**

youth think
parents
disapprove of
drug & alcohol use



Genesee
County youth
perceptions
of parents'
disapproval
are higher
than national
perceptions

Prescription

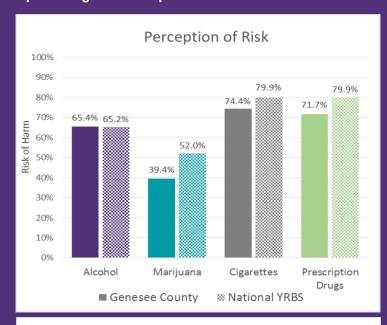
Drugs

## RISK of HARM and ACCESS

Genesee County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk. Youth were also asked their perception of difficulty to obtain drugs and alcohol on a scale from easy, sort of easy, difficult, to very difficult.

Higher perceptions of risk and difficulty to obtain often result in lower use of substances, therefore, it is ideal to have perceptions higher or comparable to national benchmarks.

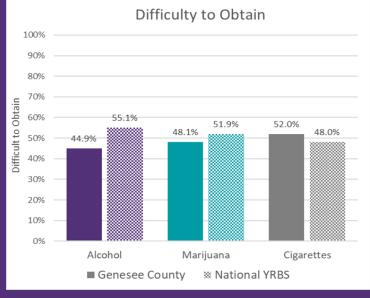
Genesee
County youth
perceptions
of risk are
slightly lower
than national
perceptions



## **MOST**

youth think the risk associated with alcohol, cigarette, and prescription drug use is moderate to great risk

Genesee
County youth
think access
to alcohol and
marijuana is
less difficult
to obtain than
national
perceptions



## **MOST**

youth think
the difficulty to
obtain cigarettes
is hard to very hard

High School students who recently drank alcohol report:

- ⇒ 40.4% Someone giving it to them
- ⇒ 18.6% Giving someone else money to buy it for them
- ⇒ 16.1% Taking it from a family member
- ⇒ 6.0% Buying it in a store or gas station
- ⇒ 36.2% Usually drank at their home
- ⇒ 54.9% Usually drank at a friend's home

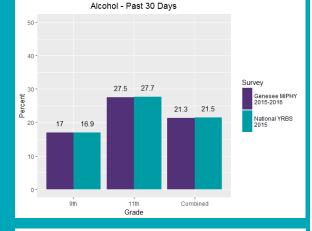
How do youth access alcohol?

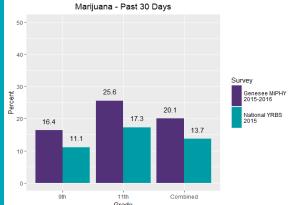
## **AREAS OF STRENGTHS & CONCERNS**

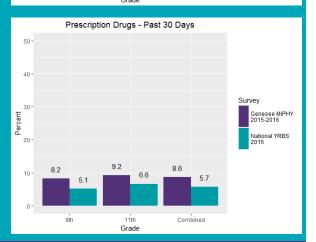
### **STRENGTHS**

**Genesee County High School students:** 

- Made a commitment to stay drug free during the past year
- Tried to do well in school during the past year
- ♦ Participated in clubs, organizations or activities at school during the past year
- Felt teachers notice when they are doing a good job and let them know about it
- Felt parents notice when they are doing a good job and let them know
- ♦ Felt they could ask their Mom or Dad for help with personal problems
- Felt parents include them in family decisions
- ♦ Felt safe in their neighborhood
- Felt safe at school







### **CONCERNS**

Compared to national prevalence rates, Genesee County High School students are:

- ♦ More likely to have smoked a cigarette by age 13
- ♦ More likely to have used marijuana in the past 30 days
- More likely to have used prescription drugs not prescribed to them in the past 30 days
- More likely to perceive cigarette risk of harm as slight to no risk
- More likely to perceive marijuana risk of harm as slight to no risk
- More likely to perceive prescription drug risk of harm as slight to no risk
- More likely to be involved in a physical fight on school property
- ♦ More likely to feel sad or hopeless
- More likely to make a suicidal plan or attempt

### **Contact Us**

**Genesee County Prevention Coalition** 

902 E. Sixth St., Flint, MI 48503 (810) 285-9047 info@theGCPC.org Visit us on the web at www.theGCPC.org Follow us on Facebook #theGCPC

